

CLEAN MOM'S
**CLEANING
ROUTINE BASICS**

A GUIDE TO A SUCCESSFUL START





Hey there! I'm Roz from Clean Mom...

Thanks for checking out my little corner of the internet! This little packet is my way of sitting down over coffee or tea and walking you through the Clean Mom Routine. I know you're busy and overwhelmed. Think of me as a friend that is super excited about that new thing and she is explaining it to you. Your first response is "what?" But as she takes the time to explain it, it makes sense and sounds like something you might be interested in. After all, cleaning is better with friends. Let's chat!

xo, Roz

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Routine at a Glance

There are 3 components to the Clean Mom Routine. Once you start implementing these 3 components you'll see how easy it is to remember and incorporate them into your schedule.

At first glance, all these to-dos might seem like a lot but once you have an understanding of them, it's simple and easy to follow.

1. START WITH THE 6 DAILY TASKS

Completed daily, these tasks are the secret to keeping your home tidy most of the time.

- MAKE BEDS
- CHECK FLOORS
- WIPE COUNTERS
- TACKLE
- CLUTTER
- DO LAUNDRY
- DO DISHES

1. START WITH THE 6 DAILY TASKS
Completed daily, these tasks are the secret to keeping your home tidy most of the time.

✦ ✦ ✦ Do Something Everyday!

2. THE WEEKLY TASKS

After you have a handle on the Daily Tasks, it's time to learn the Weekly Tasks. These tasks take 10-30 minutes a day once you get in the swing of the Clean Mom Routine. Set a timer for the amount of time you have, if you don't complete something, finish it up on Friday or save it for the next week.



MONDAY: BATHROOMS

Use my Bathroom Quick Clean method featured in the home section of this planner to clean your bathrooms in 15 minutes!



TUESDAY: LIVING ROOM

Declutter first, dust surfaces, clean windows, and vacuum floors. Straighten cushions and finish with a final check. For a deeper clean, move furniture and vacuum underneath.



WEDNESDAY: KITCHEN

Clear counters, wipe surfaces, clean appliances, and scrub the sink. Sweep and mop the floor to finish.



THURSDAY: BEDROOM(S)

To clean a bedroom, declutter, dust surfaces, change linens, and vacuum or sweep the floor. Finish by organizing and fluffing pillows.



FRIDAY: HALLWAY + STAIRS

To clean hallways and stairs, dust surfaces, wipe railings, and vacuum or sweep. Finish by spot-cleaning walls and baseboards.



SATURDAY: SHEETS + TOWELS With a load of laundry happening every day of the week, you'll be caught up and ready for sheets & towels on Saturday.



SUNDAY: JUST THE DAILIES Rest and relax and get ready for the week. Just do the Daily Tasks today.

3. ROTATING TASKS

After a few weeks of implementing the Daily and Weekly Tasks into your routine, you'll find that your home is easier to clean and it takes less time. I've listed them here, just so you have a basic understanding of the tasks. You'll find specific Rotating Tasks for each month in the [Home Sparkle Society Subscription](#) and the [Home Sparkle Planner](#).

- **VACUUM & WASH BASEBOARDS** I like to incorporate this task on Wednesday and/or on Thursday.
- **CLEAN LIGHT FIXTURES** We rotate through all the light fixtures in your home throughout the year, just one room each month.
- **WASH OR VACUUM RUGS** For throw rugs or area rugs that need a little extra cleaning attention.
- **LAUNDRER BEDDING** Wash the bedding, pillows and blankets that don't get laundered weekly. If you can't wash them, toss pillows in the dryer to fluff up.
- **VACUUM & SPOT-CLEAN FURNITURE** Remove cushions and pillows, vacuum with your hose and upholstery attachments. Use a little dish soap on a damp towel to spot clean.
- **POLISH WOOD FURNITURE** Sometimes our furniture needs a little extra shine. .
- **CHANGE FILTERS** Water filters, vacuum filters, furnace filters... this task is your reminder to change what needs to be changed.
- **CLEAN OVEN & OTHER APPLIANCES** Clean the oven and wipe down all appliances. This isn't done every month, so when you see it on the schedule, try to get it done.
- **WIPE DOWN APPLIANCES** You might need to do this more often but putting it on the schedule monthly helps get it done for sure.

- **WASH WINDOWS** This might be doing it yourself or scheduling this to be done with a professional. Our homes look better when we can see outside - clean those windows! Split it up during the month if it feels like too much.
 - **WIPE SWITCHES / PHONES / REMOTES** Give those most-touched areas a quick wipe down and clean. Have little ones? Give them a baby wipe and have them help!
-

With a whole house declutter in January, spring cleaning in March and paperwork in December, you won't be trying to figure out where you should organize next - the best way to do that is laid out for you. Find the how to fit it in the [Home Sparkle Society Subscription](#) and the [Home Sparkle Planner](#).

Consistency is key to the success of the Clean Mom Routine - just doing something is better than nothing.

Undated Routine Calendar

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SAVE FOR NEXT MONTH

Frequently Asked Questions

I don't have time to clean because I am too busy, my kids are too little, I work too much, etc. Is the Clean Mom Routine 'for' me?

A clean house feels great but it can feel unattainable too. I love to take away the overwhelm when it comes to a clean house. I'm here to tell you that it's not as difficult as it feels, but the secret to a clean house is consistency and a plan. No guesswork, no trying to decide what area of your home needs to be cleaned, a proactive plan that works! Give the Clean Mom Routine a try for a week - you'll see a difference! [Here's a post with 5 Tips for a Clean House.](#)

Where are your DIY Cleaning Recipes? Do you have them in one place?

I sure do! [Check them all out here](#) - start with an all-purpose spray and go from there!

I hate doing laundry and can't imagine doing it daily. Do you have any tips?

Yes! My favorite laundry tip of all time? DO A LOAD A DAY! One load a day from start to finish is all it takes to simplify the laundry. I know that this sounds like a lot or like it's going to be a time suck. In reality, a load or two of laundry a day takes minutes compared to how long it takes when you let it pile up and do it all at once. Doubtful? Time it the next time and see how long it takes. [Check out this post](#) for more tips and tricks, 'How to Automate Your Laundry Routine'.

I hate cleaning bathrooms. Is there a quick way to do that?

Yes! My [Bathrooms Quick Clean Method](#) will change your bathroom cleaning forever! It's so quick because we save the floors for later in the week and you're getting in the habit of cleaning bathrooms weekly, making it even quicker from week to week.

HAVE A QUESTION?

I'm happy to help answer it! Email it to hello@riseandshinecleaningagency.com.

Monday: Bathrooms



As busy moms, time is of the essence. That's why we've crafted this quick, efficient bathroom cleaning routine to get your bathroom sparkling in **under 30 minutes!** Whether you're juggling kids or squeezing in cleaning time between meetings, this guide will help you breeze through bathroom cleaning like a pro.

Step-by-Step Cleaning Process:

1. Declutter First (5 minutes):

- Remove items from counters, tub, and toilet tops.
- Put away any stray towels or laundry.

2. Tackle Mirrors and Glass (2 minutes):

- Use a glass cleaner or DIY solution (vinegar + water) with a microfiber cloth to wipe down mirrors and glass surfaces.

3. Sink and Countertops (5 minutes):

- Wipe down the sink and countertops using an all-purpose cleaner.
- Scrub any toothpaste stains with a soft sponge.

4. Toilet Cleaning (5 minutes):

- Use a toilet bowl cleaner for the inside. Let it sit while you clean the outside.
- Wipe the exterior with disinfectant wipes or a spray cleaner and cloth.

5. Shower or Tub (7 minutes):

- Use a specialized tub/shower cleaner or make a DIY baking soda paste.
- Scrub tiles, fixtures, and the tub basin.
- Rinse with warm water for a fresh finish.

6. Floors and Final Touches (6 minutes):

- Sweep and mop the bathroom floor.
- Replace towels and add a fresh scent by spraying air freshener or lighting a candle.

Essential Tools for the Job:

- Microfiber cloths (for mirrors, counters, and glass)
- All-purpose cleaner (Method or Mrs. Meyer's for natural options)
- Glass cleaner (Windex or DIY vinegar solution)
- Disinfectant wipes (Clorox or Lysol)
- Toilet bowl cleaner (Lysol Power or Clorox Gel)
- Non-scratch sponge (great for scrubbing tough stains)
- Baking soda (a natural abrasive for stubborn spots)
- White vinegar (an eco-friendly cleaner)
- Squeegee (to prevent water spots on shower walls)

Quick Tips for Busy Moms:

- **Multitask Efficiently:** While toilet bowl cleaner works its magic, clean mirrors or wipe down counters. This saves you time!
- **Maintain Daily:** Do a 2-minute spot clean of the sink or toilet throughout the week to avoid heavy build-up.
- **DIY Cleaners:** Mix 1 part vinegar with 2 parts water and a few drops of essential oil for a natural, budget-friendly cleaner.
- **Organize for Speed:** Keep bathroom cleaning supplies in a caddy stored under the sink so everything is within reach for quick cleans.

Tuesday: Living Room



Keeping the living room tidy can feel like a constant battle, especially with little ones around! This quick, effective guide will help you clean your living space in **under 25 minutes**, ensuring it's always ready for family time or unexpected guests.

Step-by-Step Cleaning Process:

1. Declutter (5 minutes):

- Gather toys, books, and miscellaneous items into a basket or bin. Store them in their proper places or neatly set them aside for organizing later.
- Fold blankets and fluff pillows for a quick, neat appearance.
- **Pro Tip:** Use a designated storage bin or decorative basket for quick clean-up of kids' toys or items left around.

2. Dust Surfaces (5 minutes):

- Use a microfiber cloth and dust all surfaces, including shelves, coffee tables, and electronics.
- Start high and work your way down to avoid scattering dust onto already-cleaned areas.
- **Pro Tip:** For electronics, use a damp cloth with a small amount of rubbing alcohol to safely clean screens.

3. Spot Clean Upholstery (3 minutes):

- Check for stains or spots on sofas or chairs and use an upholstery cleaner (like Woolite Carpet & Upholstery Cleaner).
- Blot stains instead of scrubbing to avoid spreading them further.
- **Pro Tip:** Keep a fabric refresher spray, like Febreze, on hand to quickly freshen up your furniture.

4. Clean Coffee Table & Remote Controls (4 minutes):

- Wipe down the coffee table with an all-purpose cleaner or a wood-specific cleaner if needed (Pledge or Method).
- Disinfect remote controls and frequently touched items with a disinfectant wipe.
- **Pro Tip:** Keep a decorative tray on the coffee table to store remotes, magazines, or candles neatly.

5. Vacuum Floors & Rugs (8 minutes):

- Vacuum high-traffic areas, including under furniture if accessible.
- Use a handheld vacuum or attachment for couch cushions and smaller spaces.
- **Pro Tip:** Sprinkle baking soda on carpets 15 minutes before vacuuming to neutralize odors.

Essential Tools for the Job:

- Microfiber cloths (for dusting and wiping surfaces)
- All-purpose cleaner (Method or Mrs. Meyer's)
- Upholstery cleaner (Woolite or Bissell SpotClean)
- Disinfectant wipes (Clorox or Lysol)
- Vacuum with attachments (Dyson or Shark for easy maneuverability)
- Fabric refresher spray (Febreze or DIY lavender spray)
- Baking soda (for freshening carpets and rugs)

Quick Tips for Busy Moms:

- **Daily Maintenance:** Spend 2-3 minutes at the end of each day doing a quick declutter to maintain a tidy living room.
- **Use Multi-purpose Products:** Keep an all-purpose cleaner in your caddy so you can quickly wipe surfaces and even spot clean stains as needed.
- **Organize Strategically:** Keep decorative baskets near high-traffic areas to quickly store items like blankets, books, or toys.

Wednesday: Kitchen



The kitchen is the heart of the home, but it's also where messes pile up quickly. This **30-minute routine** will help you tackle kitchen cleaning efficiently, keeping it spotless and ready for meal prep with minimal effort.

Step-by-Step Cleaning Process:

1. Declutter & Organize (5 minutes):

- Clear countertops by putting away any small appliances, food items, or dishes.
- Gather items that don't belong (like toys or mail) and store them in their correct places.
- **Pro Tip:** Use a basket or tray on the counter to keep essentials (like salt, pepper, and oil) tidy and within easy reach.

2. Load the Dishwasher or Hand Wash Dishes (5-7 minutes):

- Load dirty dishes into the dishwasher or hand wash any pots, pans, and larger items.
- Soak any stubborn items while you continue with the rest of the cleaning.
- **Pro Tip:** Keep a sponge and dish soap right by the sink to quickly clean as you go throughout the day.

3. Wipe Down Counters & Appliances (5 minutes):

- Spray countertops with an all-purpose cleaner (Mrs. Meyer's or Method All-Purpose).
- Wipe down appliances like the microwave, stovetop, and fridge handles with a microfiber cloth.
- **Pro Tip:** For a quick stovetop clean, sprinkle baking soda on tough spots, spray with vinegar, and wipe after it fizzes.

4. Clean the Sink (5 minutes):

- Spray the sink with a disinfectant cleaner or a homemade mix of vinegar and water.
- Scrub with a sponge and rinse thoroughly.
- **Pro Tip:** Keep your sink smelling fresh by placing lemon slices in the drain and running the garbage disposal.

5. Sweep & Mop Floors (8 minutes):

- Sweep up crumbs and dirt from the floor, paying attention to high-traffic areas like near the stove and fridge.
- Mop with warm water and a few drops of dish soap or a multi-surface cleaner (like Bona).
- **Pro Tip:** For a quick floor clean, use a Swiffer WetJet to quickly tackle spills and stains.

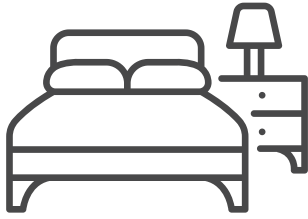
Essential Tools for the Job:

- Microfiber cloths (for wiping counters and appliances)
- All-purpose cleaner (Mrs. Meyer's, Method, or homemade vinegar mix)
- Disinfectant wipes (Clorox for easy appliance cleaning)
- Dish soap & sponge (for hand washing and sink scrubbing)
- Baking soda (for tough stovetop stains)
- Mop & broom (or Swiffer for quick mopping)

Quick Tips for Busy Moms:

1. Clean as You Cook: Wipe down countertops and wash utensils while cooking to minimize post-meal mess.
2. Use Multi-tasking Cleaners: All-purpose cleaners are great for both counters and appliances, saving you time and effort.
3. Daily Maintenance: Take a minute at the end of each day to declutter and wipe surfaces to prevent buildup.

Thursday: Bedroom(s)



The bedroom should be a relaxing, clutter-free zone, but it can quickly become a dumping ground for clothes and miscellaneous items. This **20-minute routine** will help you maintain a calm and clean bedroom, ready for restful sleep at the end of your day.

Step-by-Step Cleaning Process:

1. Make the Bed (3 minutes):

- Start by straightening the sheets, fluffing pillows, and pulling the comforter over the bed for an instant sense of order.
- **Pro Tip:** Keep a simple bedding setup to make this step quick and easy every morning.

2. Declutter Surfaces (5 minutes):

- Clear off nightstands, dressers, and other flat surfaces. Toss trash, gather loose items like jewelry or books, and place them in their proper spots.
- Use a tray or basket on your nightstand for essentials like your phone, book, or water glass.
- **Pro Tip:** Keep a laundry basket nearby to quickly toss any dirty clothes and prevent pile-ups.

3. Dust Surfaces (5 minutes):

- Use a microfiber cloth to dust furniture, light fixtures, and baseboards.
- Start from the top and work your way down to avoid spreading dust.
- **Pro Tip:** For delicate furniture or antiques, use a furniture polish (like Pledge) for added shine.

4. Vacuum or Sweep (5 minutes):

- Vacuum carpets and rugs or sweep hard floors. Don't forget under the bed!
- Use a handheld vacuum or attachment to clean in tight spaces and around furniture legs.
- **Pro Tip:** Sprinkle baking soda on carpets before vacuuming to help freshen up the room.

5. Final Touches (2 minutes):

- Fluff pillows and fold any blankets draped across chairs or at the foot of the bed.
- Place any decorative items like candles, flowers, or books back in place.
- **Pro Tip:** Add a light spritz of linen spray (lavender or eucalyptus) to your pillows for a relaxing scent.

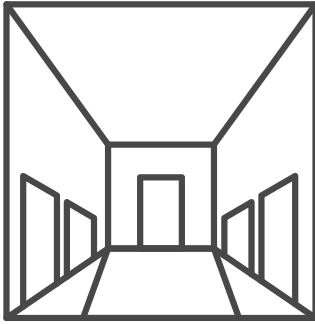
Essential Tools for the Job:

1. Microfiber cloths (for dusting and wiping surfaces)
2. Furniture polish (Pledge or Method for wooden surfaces)
3. Handheld vacuum or attachment (to reach tight spaces)
4. Laundry basket (for quick clothes collection)
5. Linen spray (for a fresh, calming touch)

Quick Tips for Busy Moms:

1. **Do a Quick Reset Before Bed:** Take 2 minutes each night to tidy up any clutter and make your bed, so the room stays cleaner throughout the week.
2. **Invest in Storage Solutions:** Baskets, under-bed storage, or drawer organizers can help keep items neatly stored and easily accessible.
3. **Clean as You Go:** Every morning, make the bed and pick up any stray clothes to keep your bedroom fresh daily.

Friday: Hallway + Stairs



Hallways and stairs are high-traffic areas that can easily accumulate dust, dirt, and clutter. This **15-minute** routine will help you keep these spaces clean and presentable with minimal effort, ensuring they're always ready for family and guests.

Step-by-Step Cleaning Process:

1. Declutter & Organize (3 minutes):

- Pick up any items that don't belong (shoes, bags, coats, toys) and return them to their proper places.
- Use baskets or bins near the bottom or top of the stairs to quickly collect items that need to be put away.
- **Pro Tip:** Keep a small basket at the foot of the stairs for easy decluttering throughout the day.

2. Dust & Wipe Down Surfaces (5 minutes):

- **Use a microfiber cloth to dust surfaces like banisters, handrails, and light fixtures in the hallway and stair area.**
- Wipe down baseboards along the walls with a damp cloth or all-purpose cleaner.
- **Pro Tip:** If you have hard floors in the hallway, sweep or use a vacuum attachment to pick up dust and debris from the floor edges.

3. Clean Mirrors & Picture Frames (3 minutes):

- Wipe mirrors and glass frames with a glass cleaner (like Windex) and a microfiber cloth to remove fingerprints and smudges.
- Dust frames and decor on the walls with a dry or lightly dampened cloth.
- **Pro Tip:** Use a Swiffer duster for hard-to-reach places like the tops of picture frames and high shelves.

4. Vacuum or Sweep Stairs & Hallway (4 minutes):

- Vacuum the stairs, hallway, and edges where dust tends to accumulate. If you have carpet, make sure to use a crevice tool to reach corners.
- For hard floors, sweep and mop if necessary, paying attention to the stair treads and landings.
- **Pro Tip:** Sprinkle baking soda on carpeted stairs before vacuuming to remove odors.

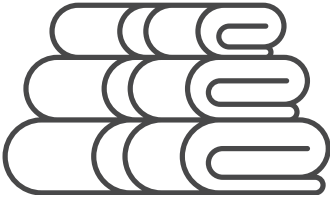
Essential Tools for the Job:

- Microfiber cloths (for dusting and wiping down surfaces)
- All-purpose cleaner (Mrs. Meyer's, Method, or homemade vinegar mix)
- Glass cleaner (Windex or DIY vinegar and water solution)
- Vacuum with attachments (crevice tool for tight spaces)
- Broom and mop (for hard floors)

Quick Tips for Busy Moms:

- **Daily Decluttering:** Take a minute each evening to pick up any items on the stairs or in the hallway and return them to their proper places.
- **Use Multi-tasking Tools:** Keep a microfiber cloth handy to quickly dust railings, baseboards, and light fixtures as you walk by.
- **High-Traffic Maintenance:** Vacuum or sweep stairs at least once a week to prevent dirt buildup in high-traffic areas.

Saturday: Sheets + Towels



Fresh sheets and towels not only feel luxurious but also help maintain a clean and healthy home. This 30-minute routine will guide you through efficiently washing and caring for your sheets and towels to keep them soft, fresh, and long-lasting.

Step-by-Step Cleaning Process:

1. Strip the Beds & Gather Towels (5 minutes):

- Remove the sheets and pillowcases from all beds. Gather all used towels from the bathroom and kitchen.
- **Pro Tip:** Keep a laundry basket near the bathroom for easy towel collection throughout the week.

2. Sort by Material & Color (3 minutes):

- Separate sheets and towels by color (light and dark) and fabric type to prevent bleeding and damage.
- **Pro Tip:** Wash towels separately from sheets to avoid pilling and ensure both items are cleaned thoroughly.

3. Start the Wash Cycle (5 minutes):

- Use warm water for towels and a mild detergent (Tide or Seventh Generation) to ensure a deep clean and remove bacteria.
- Use cold or warm water for sheets, depending on the material, to prevent shrinking.
- **Pro Tip:** Add 1 cup of white vinegar to the rinse cycle for towels to soften them naturally and remove odors.

4. Dry with Care (15 minutes):

- Dry towels on high heat to ensure they're fully dried and fluffy.
- Dry sheets on medium heat to prevent damage and shrinkage.
- **Pro Tip:** Toss a couple of dryer balls or clean tennis balls into the dryer to help sheets and towels dry faster and fluffier.

5. Fold & Store Properly (2 minutes):

- Fold towels neatly and store them in a dry, well-ventilated space to keep them fresh longer.
- Fold fitted sheets using the corners as a guide or roll them up for easy storage.
- **Pro Tip:** Place a lavender sachet or dryer sheet in your linen closet for a fresh scent.

Essential Tools for the Job:

1. Mild detergent (Tide, Seventh Generation)
2. White vinegar (for softening and deodorizing towels)
3. Dryer balls or clean tennis balls (for faster drying)
4. Lavender sachets (for a fresh scent in your linen closet)

Quick Tips for Busy Moms:

1. **Set a Reminder:** Schedule a specific day each week to change sheets and wash towels to maintain freshness and consistency.
2. **Don't Overload the Washer:** Avoid stuffing too many towels or sheets in one load to ensure everything is properly cleaned.
3. **Refresh Between Washes:** For a quick freshening, toss towels in the dryer with a damp washcloth and a few drops of essential oil for 10 minutes.

Sunday: The 6 Daily Cleaning



1. Make the Beds (3-5 minutes):

- **Why it matters:** A made bed instantly makes the bedroom look organized and sets the tone for the rest of the day.
- **Quick Tip:** Simplify your bedding (limit to just sheets and a comforter) to make bed-making a breeze.
- **Actionable Advice:** Get the kids involved by encouraging them to make their own beds. Even young children can help by pulling up their blankets.



2. Wipe Down Countertops & Surfaces (5-10 minutes):

- **Why it matters:** Clean surfaces in the kitchen, bathroom, and living areas prevent the buildup of dust, crumbs, and grime.
- **Quick Tip:** Keep disinfectant wipes or a multi-surface spray and microfiber cloth handy in key areas of the home.
- **Actionable Advice:** After every meal or bathroom use, do a quick wipe-down to prevent spills and crumbs from becoming bigger cleaning projects later on.



3. Declutter as You Go (5-10 minutes):

- **Why it matters:** Clutter can make a clean home look messy. Doing small decluttering tasks throughout the day helps prevent piles from building up.
- **Quick Tip:** Keep baskets or bins in high-traffic areas (like the living room and stairs) to quickly toss items that belong elsewhere.
- **Actionable Advice:** Before you leave a room, grab any out-of-place items and return them to their proper spots. Teach kids to pick up toys or belongings after playtime.



4. Sweep or Vacuum High-Traffic Areas (5-10 minutes):

- **Why it matters:** Floors are magnets for crumbs, dust, and dirt, especially in busy areas like the kitchen, entryway, and living room.
- **Quick Tip:** Invest in a lightweight stick vacuum or a robotic vacuum for quick and easy daily cleanups.
- **Actionable Advice:** Set a timer for 5-10 minutes and focus only on high-traffic areas. You don't need to vacuum the whole house every day—just where it matters most.



5. Do a Load of Laundry (15 minutes active time):

- **Why it matters:** Laundry can pile up quickly, especially in busy households. Doing one small load a day keeps laundry from becoming an overwhelming weekend task.
- **Quick Tip:** Sort your laundry in bins labeled "lights," "darks," and "delicates" to streamline the process.
- **Actionable Advice:** Start a load of laundry in the morning and aim to fold it by the evening. Get kids involved by having them help fold their own clothes.



6. Wash the Dishes (10-15 minutes):

- **Why it matters:** Dishes can quickly take over the kitchen, creating unnecessary clutter and mess. Staying on top of them keeps your kitchen clean and ready for the next meal.
- **Quick Tip:** Load the dishwasher immediately after meals, or wash dishes by hand right after use. Make this task part of your mealtime routine.
- **Actionable Advice:** If you're short on time, at least rinse dirty dishes to prevent food from hardening and making washing later on more difficult.

CLEANING ROUTINE BASICS

Declutter Order

Follow this order for decluttering your home – complete it in a way that makes sense for your schedule. Some recommendations: one task a day, set a timer for 10-15 minutes, or 2-3 tasks a day until completed. This order matters because it will take you through the house in a logical, sequential, and efficient way.

CLEANING cleaning supplies cleaning tools - scrub brushes sponges rags	LAUNDRY AREA <ul style="list-style-type: none"><input type="radio"/> fold + put away clothes<input type="radio"/> laundry baskets<input type="radio"/> laundry products<input type="radio"/> clean + clear surfaces	KITCHEN <ul style="list-style-type: none"><input type="radio"/> clean + clear counters<input type="radio"/> refrigerator + freezer cabinets, drawers, pantry, food storage<input type="radio"/> kitchen tools, small appliances + towels<input type="radio"/> under kitchen sink	BATHROOM(S) <ul style="list-style-type: none"><input type="radio"/> clean + clear counters<input type="radio"/> cabinets + drawers<input type="radio"/> medicine cabinet<input type="radio"/> toiletries + makeup<input type="radio"/> bath towels, hand towels, wash clothes
CLOTHING <ul style="list-style-type: none"><input type="radio"/> shoes<input type="radio"/> outerwear - coats, hats, gloves, etc.<input type="radio"/> clothing - sort by season + type	BEDROOM(S) <ul style="list-style-type: none"><input type="radio"/> declutter floors<input type="radio"/> under beds<input type="radio"/> sheets + linens<input type="radio"/> pillows bedside<input type="radio"/> tables	ENTERTAINMENT <ul style="list-style-type: none"><input type="radio"/> magazines<input type="radio"/> music - digital, CDs, tapes, records<input type="radio"/> games - board games, card games<input type="radio"/> books - cookbooks, non-fiction, fiction	KIDS <ul style="list-style-type: none"><input type="radio"/> clothing<input type="radio"/> toys<input type="radio"/> books<input type="radio"/> activities<input type="radio"/> art + craft supplies
OFFICE SPACE <ul style="list-style-type: none"><input type="radio"/> electronics<input type="radio"/> office supplies<input type="radio"/> books<input type="radio"/> paper + files	PAPER CLUTTER <ul style="list-style-type: none"><input type="radio"/> paper pile<input type="radio"/> bills<input type="radio"/> photographs<input type="radio"/> memorabilia<input type="radio"/> kids art<input type="radio"/> school work	DIGITAL CLUTTER <ul style="list-style-type: none"><input type="radio"/> zero out email inbox<input type="radio"/> set up email folders to save emails<input type="radio"/> put important digital docs in folders<input type="radio"/> separate photos by year + store in cloud storage	GARAGE/BASEMENT <ul style="list-style-type: none"><input type="radio"/> vehicle(s)<input type="radio"/> tools<input type="radio"/> storage boxes + bins with additional storage items<input type="radio"/> lawn + garden supplies

What's Next?

Housekeeping can feel lonely, but you don't have to do it alone!

Follow @riseandshinecleaningagency on Instagram and I'll share reminders and tips to help you keep your house guest ready without feeling overwhelmed! Then, tag me when you've completed your dailies, so I can celebrate with you!



QUICK LINKS

[Clean Mom on Instagram](#)

[The Clean Mom Shop](#)

[The Clean Mom Blog](#)

[Join Home Sparkle Society](#)

[Clean Mom Courses](#)

THE CLEAN MOM ROUTINE

Cleaning can be fun and easy — we'll show you how! Follow the "at a glance" guide on [page 4](#) or learn more by visiting the [Start Here page](#). Each component builds off the previous one, so start with The 5 Daily Tasks and only add in the next component when you feel comfortable with the current one.

LEARN THE ROUTINE

HOME SPARKLE SOCIETY

Your Secret to Getting Things Done! You don't have to choose between a busy life and a clean home. Join us in Homekeeping Society to get the clean home you've always dreamed of — and keep it that way.

JOIN HOME SPARKLE SOCIETY

THE CLEAN MOM SHOP

Clean Mom products complete the whole picture of the Clean Mom Program, tying everything together in a tidy, cute package. Natural, safe, effective & thoughtful supplies for your consistently clean home. Consumable products are made in the USA in concentrated formulas — a little goes a long way!

GO TO THE SHOP

CLEAN MOM COURSES

Feeling stuck? Have you started and stopped the Clean Mom Routine a few times? You need a reset! Clean Mom courses starts with the basics and covers the common areas people slip. Whether you're brand new or a longtime Clean Mom fan, the courses will help you start fresh.

LEARN MORE & ENROLL TODAY