

CLEAN MAMA'S

How to Speed Clean Your House in Less than 30 Minutes



GATHER YOUR TOOLS

Keep your favorite cleaning tools and cleaners in a caddy so you can grab them and clean them anytime. My must-have caddy tools are a feather duster (faux or microfiber), microfiber cloths, a lint roller, an all-purpose cleaner, a disinfecting cleaner (bath), cleaning wipes, and a window/mirror cleaner.



SET A TIMER

If you only have 15 minutes, set the timer and see how much you can get done. I think that the most realistic timeframe is 30 minutes.



START WITH A GARBAGE BAG & A LAUNDRY BASKET

Start by collecting anything that can be tossed and throw it in the garbage bag. Items that need to be relocated are tossed in the laundry basket. Once the room is clean you can stash the laundry basket in a closet if you have someone dropping by. If not, take a couple of minutes to return the items to their proper places.



DO A QUICK DUST

A feather duster is a great tool to quickly dust surfaces. Shake your duster out frequently and move quickly to remove visible dust.



WIPE SURFACES & MIRROR

Spray down any hard surfaces (counters, toilet) and wipe clean with a microfiber cloth. Wiping down counters and cleaning sinks is on my daily routine so this is fairly simple. Disinfecting wipes also work great for quick cleaning. And a quick spray and swipe over bathroom mirrors go a long way. Don't miss this step!



QUICK VACUUM, FLUFF PILLOWS & STRAIGHTEN THROW BLANKETS

If your floors need to be vacuumed, concentrate on high-traffic areas, corners, and visible dirt. A quick tidying and straightening up of pillows and throw blankets will give your room a complete and clean appearance.



PUT OUT FRESH TOWELS

Don't underestimate the clean look of fresh towels. Replace your kitchen and bathroom towels with clean towels as you're making one final sweep.